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I have worked with Rockford Public Schools #205 (RPS#205) since August 2014 as a Psychology Intern. I am currently working as a School Psychologist with RPS#205.

Since I began working with RPS#205, I learned a great deal about the School Psychologist positions and have only become more excited about my role. As an intern, it was truly exciting to have the privilege to look forward to my daily work and profound involvement with Rockford Public Schools #205, staff, and children. I completed my doctor of philosophy in Guidance and Psychological Services at Indiana State University in July 2015. I continue to be passionately committed to further developing my skills, in order to catalyze positive changes in the lives of others. I have pursued a career in psychology to effectively influence clients in their endeavors toward health, education, and happiness.

My academic and applied experiences at Indiana State University have also allowed me to work in multiple settings, with clients from diverse clinical, developmental, and cultural populations. I am thrilled by the opportunities with RPS#205. My clinical, school, and research interests have concentrated on adolescent eating disorders, body esteem, familial interactions, learning experiences, anger management, anxiety, and trauma-focused crisis interventions. In the future, I would like to continue to work within the schools, therapeutic day schools, and residential facilities. While in the field, I continue to pursue additional opportunities to teach and conduct more research within the field of psychology.

My work with RPS#205 and my prior work at Gibault Children's Services have given me particularly valuable experience evaluating and providing treatment for clients with autism spectrum disorder, attention-deficit hyperactivity disorder, borderline personality disorder, post-traumatic stress disorder, major depressive disorder, and anxiety disorder. Additionally, my graduate experience has included the opportunity to supervise graduate students in school psychology implementing a structured academic intervention program, which has enhanced my leadership skills and furthered my appreciation of the dynamics necessary for positive collaboration. This experience has helped me grow in my own practice, allowing me to become a more autonomous and insightful school psychologist. The scope of my education, in conjunction with the breadth of my practica/externship/internship/work experiences and my commitment to continued professional development, has only deepened by passion to further develop as a practitioner and educator within the realm of school psychology.

Additionally, I possess personal qualities and interpersonal skills that promote my capabilities as a psychologist and continued change agent. My perseverance has led me to a place where I can positively impact children and families through my work in research and the community, bringing attention to areas of need. I continue to learn more techniques in problem-solving, assessment, and intervention which is necessary to create and develop new assessment methods, intervention techniques, therapeutic treatment plans, and programs.

Through my work experiences, training, and supervision activities, I have come to more fully appreciate the relationship between mental health facilities, government agencies, and the school systems. Thank you for your time and consideration.

Please do not hesitate to contact me with any additional questions or concerns. I can be reached via telephone at (847) 716-0356 or via email at jyotikolodziej@gmail.com.

Sincerely,
Jyoti A. Kolodziej, Ph.D., NCSP